



Physicians' Academic Salon on Primary Nocturnal Enuresis in Children

MEETING HANDBOOK

MEETING TIME

October 17, 2026 (Saturday) | 14:00–18:10

MEETING VENUE

Shanghai, China



01 OVERVIEW & LOGISTICS

-  **Date**

October 17, 2026 (Saturday)
-  **Time**

14:00–18:10
-  **Venue**

Gongyu Hall, 3/F, Novotel Shanghai Wanyuan
-  **Language**

Simultaneous Chinese–English interpretation
-  **Format**

In-person forum + live webcast
-  **Organizer**

Beijing Research Association for Chronic Disease Prevention and Health Education

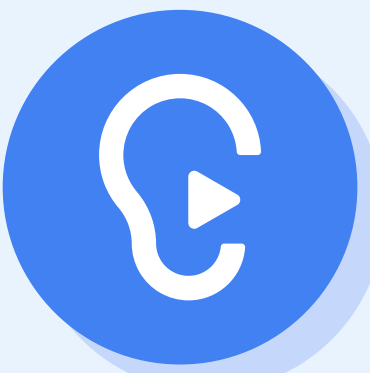
LOGISTICS

Registration



Please arrive by 13:30.

Interpretation



Collect your receiver at the registration desk on the 1st floor.

Accommodation

Novotel Shanghai Wanyuan
Floors 11–22, Building 1, No. 599 Wanyuan Road, Shanghai

Dining

Cannes Room, 2/F, Novotel Shanghai Wanyuan

Transportation

Flights/high-speed rail and local transfers will be arranged centrally by the meeting secretariat.

Contacts

Meeting secretariat:
Zihan Liu | +86 185 1638 9067

LIVE WEBCAST

https://www.andonghealth.cn/Live_Operate/play_live/20261017_80_2237

02 AGENDA

Time	Topic	Speaker	Moderator
14:00–14:10	Opening Remarks	Prof. Hong Xu	
SESSION I Healthcare Service System and Patient Care Pathways			
14:10–14:40	PNE Care Pathways: From Recognition to Referral	Prof. Søren Rittig	Prof. Tong Shen
14:40–15:10	From Awareness to Diagnosis: How Japan Improved the PNE Patient Journey	Prof. Yoshiyuki Ohtomo	
15:10–15:30	PNE Care: Care Pathways and Development of Specialized Clinics	Prof. Xia Gao	
15:30–15:45	Panel Discussion I	Prof. Ying Bao Prof. Mo Wang All Faculty	
15:45–15:50	Coffee Break and Group Photo		
SESSION II Translation and Implementation of Clinical Guidelines			
15:50–16:20	ICCS Guidance in Practice: Optimizing PNE Management	Prof. Søren Rittig	Prof. Xiaoyun Jiang
16:20–16:40	2025 Chinese Expert Consensus: From Recommendations to Clinical Practice	Prof. Qian Shen	
16:40–16:55	Panel Discussion II	Prof. Quane Liu Prof. Yuhong Li All Faculty	
SESSION III From Clinical Practice to Specialty Development			
16:55–17:15	Refractory PNE: Management Challenges and Practice Optimization	Prof. Xiaomei Liu	Prof. Jianguo Wen
17:15–17:45	Recent Challenge for the Management of PNE: Applied For Our Next Guideline	Prof. Yoshiyuki Ohtomo	
17:45–18:00	Panel Discussion III	Prof. Ying Liu Prof. Lijun Zhao All Faculty	
18:00–18:10	Meeting Summary	Prof. Hong Xu	

◀ CONGRESS CHAIR ▶



Congress Chair

Prof. Hong Xu

Children's Hospital of Fudan University

◀ MODERATORS ▶



Moderator

Prof. Tong Shen

Xiamen Maternal and
Child Health Hospital



Moderator

Prof. Xiaoyun Jiang

The First Affiliated Hospital,
Sun Yat-sen University



Moderator

Prof. Jianguo Wen

The First Affiliated Hospital of
Zhengzhou University

◀ INVITED INTERNATIONAL SPEAKERS ▶



International Speaker

Prof. Søren Rittig

Aarhus University Hospital, Denmark



International Speaker

Prof. Yoshiyuki Ohtomo

Juntendo University Nerima Hospital, Japan

◀ INVITED DOMESTIC SPEAKERS ▶



Speaker

Prof. Xia Gao

Guangzhou Women and
Children's Medical Center



Speaker

Prof. Qian Shen

Children's Hospital of Fudan University



Speaker

Prof. Xiaomei Liu

National Center for Children's Health
Beijing Children's Hospital,
Capital Medical University

◀ PANELISTS ▶



Panelist

Prof. Ying Bao

Xi'an Children's Hospital



Panelist

Prof. Mo Wang

Children's Hospital of
Chongqing Medical University



Panelist

Prof. Quane Liu

Xiangxi Tujia and Miao Autonomous
Prefecture People's Hospital



Panelist

Prof. Yuhong Li

Guiyang Maternal and
Child Health Care Hospital



Panelist

Prof. Lijun Zhao

Shanxi Children's Hospital



Panelist

Prof. Ying Liu

Children's Hospital of
Fudan University

PANEL DISCUSSION I

15:30-15:45

- What are the common factors that prevent children and their parents from seeking medical care?
- In clinical practice, what are the common causes of delayed diagnosis or misdiagnosis of enuresis?
- Based on experience in China and other countries, what feasible measures could be taken to address these issues?

PANEL DISCUSSION II

16:40-16:55

- Which aspects of enuresis diagnosis and management require improvement, and how can they be improved?
- How can adherence among children and their parents be improved, including adherence to bladder diaries and medication use?
- How should response to desmopressin be assessed, and when should treatment be discontinued or restarted?

PANEL DISCUSSION III

17:45-18:00

- How can the long-term development of an enuresis center be established and sustained? (Department development)
- How can physicians with expertise in enuresis be continuously trained? (Talent development)
- What are the future research directions in this field, and what data gaps remain? (Data generation)